

How resilience impacts engagement & organisational performance

The elements that build resilience

Performance intelligence
Embrace challenges
Adaptability Commitment
Self-belief
Drive



65% of people have corresponding wellbeing & resilience, when resilience is low, their wellbeing is low



93% of people with high levels of resilience feel confident in their ability to perform well, cope with pressure & display improved performance

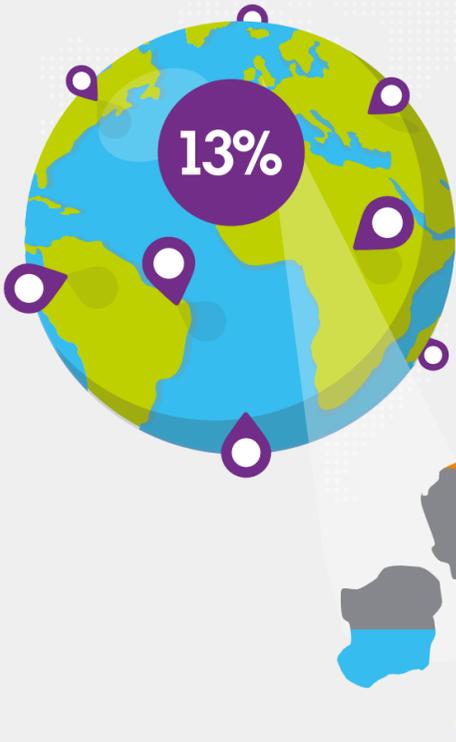


Engaged employees enjoy greater levels of personal wellbeing



Engaged employees perceive their workload to be more sustainable than others

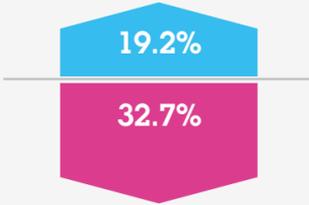
“As well as benefiting individuals, improved employee engagement & wellbeing builds business resilience, performance & productivity.” Bupa



Only 13% of employees across 142 countries worldwide are engaged in their jobs

Only 39% of UK employees are engaged
58% are neutral and 3% are disengaged

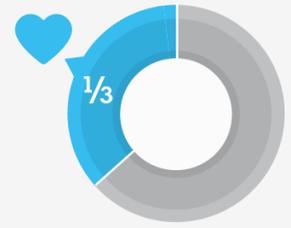
85% of the world's most admired companies believe that efforts to engage employees have reduced employee performance problems



Companies with low engagement declined 32.7% in operating income versus highly engaged companies, who improved 19.2%



59% of the more engaged employees say that work brings out their most creative ideas



1/3 of employees are 'fit performers' enjoying high levels of personal wellbeing and performing well

54% of the disengaged say work has a negative effect on their physical health, taking on average 6.2 days absence, costing £17 billion per year

Case Study

Mars believe that supporting staff in managing their health and wellbeing is beneficial to all areas of the business. They conducted resilience workshops to improve this.



Case Study

Dorothy Perkins completed research which found that those environments characterised by high engagement demonstrated better financial performance.



Improve your organisational performance by developing your peoples resilience, download our white paper today, visit lane4performance.com/resilience

SOURCES

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